



THE ROOKERY
ACTIVITY CENTER

AQUATIC CENTER

Dive into an unparalleled aquatic experience at The Rookery Activity Center, where a diverse range of amenities awaits. Immerse yourself in the inviting atmosphere of our indoor lap pool, designed with size 25-yard lanes to accommodate lap swimmers of varying skill levels. The lap pool also features a lift chair, providing accessibility for those seeking independent low-impact water workouts. For those seeking family-friendly water activities, our splash pool beckons with a zero-depth entry, warm-water environment. Complete with an exhilarating water slide and captivating water features, this pool promises endless enjoyment for both children and adults alike.

Indulge in the soothing warmth of our sauna, an oasis of relaxation within the Aquatic Center. Whether you're looking to engage in invigorating lap swimming, partake in recreational swim sessions, or join our dynamic aqua fitness classes, The Rookery Aquatic Center caters to a spectrum of aquatic interests. Please note that the Aquatic Center closes one hour before the overall facility closure time.

Swim Lessons

Our Aquatic Center is not just a pool; it's a comprehensive aquatic hub offering swim lessons to individuals of all ages. Safety takes precedence as we provide a secure environment for year-round swim lessons available on both weekdays and weekends. Choose between private or group lessons, and take advantage of our skilled instructors to enhance your water skills.

Aqua Fitness Classes

Membership at The Rookery comes with the added perk of complimentary access to our aqua fitness classes. Non-members can still enjoy these classes by opting for the daily drop-in rate. Discover the joy of aquatic fitness, and explore the diverse range of classes offered throughout the week.

Rentals

The Rookery Aquatic Center extends beyond the conventional swimming facilities, offering both short-term and long-term rentals, allowing you to customize your aquatic experience.

Specialized Programming

Whether you are honing specific skills like mermaiding, embracing creativity, or pursuing a certificate in lifeguarding, the Rookery's special programs are crafted to add depth and excitement to your aquatic journey. Immerse yourself in these diverse, unique opportunities and further enrich your connection with water at our exceptional aquatic center.

For detailed information on pool schedules, swim lessons, and other aquatic offerings, visit www.linolakes.us/aquatics.

HOURS OF OPERATION

Monday - Friday
5:00am - 10:00pm

Saturday & Sunday
6:00am - 8:00pm

LOCATION

The Rookery Activity Center
7690 Village Drive
Lino Lakes, MN 55014

Scan the QR code to
learn more about The
Rookery Activity
Center.



STAY CONNECTED

 @RookeryActivityCenter

 651-982-2468

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 @RookeryCenter

 TheRookeryActivityCenter.com

ABOUT THE ROOKERY

Lino Lakes has one of the largest Great Blue Heron Rookeries in North America. A rookery is defined as a communal nesting place for a colony of gregarious birds, such as blue herons. The majestic birds are very different from other species - they are communal, support each other by coming together to share resources and defend their nesting area if needed. For the City of Lino Lakes, it was important to give the center a name and brand that is unique to Lino Lakes, as well as a name that will evoke a sense of community and belonging. The name "The Rookery" was chosen as it is exclusive to the Lino Lakes community.

In the rookeries, the nesting is a safe and comfortable home for the Great Blue Heron. Similarly, The Rookery Activity Center will bring the Lino Lakes community together through healthy activities, promoting wellness, opportunities for social activities, and providing gathering space for a variety of events.



**WHERE
WELLNESS
AND
COMMUNITY
TAKE FLIGHT**

FITNESS

The Rookery Activity Center, in partnership with Endurance Fitness of MN, provides world-class fitness programing and top of the line fitness equipment. We offer 60+ live group fitness classes each week, ranging from strength training, high-intensity cardio to yoga. Along with all the live programs offered to members, we now offer an immersive studio virtual experience to allow members more flexibility in their fitness experience.

Immersive studio virtual classes combine our world-leading fitness programs with pumping sound and motivation from some of the hottest instructors on the planet. It’s a truly inspiring experience that will drive amazing results.

Endurance Fitness Certified Personal Trainers will work with you to improve your fitness. New members can take advantage of a free orientation session to learn more about what we have to offer, learn how to use machines, and have any questions answered. Members can choose from a variety of personal training packages to suit their needs, including one-on-one training or having a personalized fitness program created specifically for their goals.

Pilates Reformer Classes and personal sessions are also available. These sessions are taught using the Pilates Reformer Machine by certified Pilates Reformer Specialists. In these sessions, members will work on full body strength, flexibility, and core stability.

Endurance Fitness is dedicated to providing quality fitness programs and cutting-edge industry experience, thus making Endurance Fitness the perfect partnership for the Rookery Activity Center.

Learn more about fitness offerings at www.linolakes.us/fitness.



THE ROOKERY
ACTIVITY CENTER
ENDURANCE
FITNESS OF MN



MEMBERSHIP

MEMBERSHIP INCLUDES ACCESS TO:

- 25-yard lap pool with 6 lanes
- Warm water splash pool with zero-depth entry, waterslide and water play feature
- Fitness floor with Cybex cardio equipment, free weights, and weight machines
- Over 60+ fitness classes, featuring Les Mills classes and many others
- The Nest Child Watch
- Sauna
- Gymnasium
- Locker rooms with daily use lockers
- Free guest passes
- Discounts on programs and services

	MEMBERSHIP RATES			
	MONTHLY		ANNUAL	
	RESIDENT	NON-RESIDENT	RESIDENT	NON-RESIDENT
ADULT	\$55	\$65	\$605	\$715
DUAL	\$82	\$97	\$902	\$1,067
SENIOR (62+)	\$40	\$47	\$440	\$517
YOUTH (18 AND UNDER)	\$30	\$36	\$330	\$396
HOUSEHOLD	\$100	\$120	\$1,100	\$1,320

- One month free when you purchase an annual membership
- Military members receive a 10% discount on all memberships
- Add towel service or a locker rental to your membership
- Free Fitness Benefit Program Memberships: we accept the SilverSneakers, Prime, Renew Active, One Pass, and Aaptiv Advantage programs. Bring in your valid program ID to enroll.
- Insurance Reimbursement Programs: Many health insurance plans offer reimbursement towards fitness memberships. Check with your insurance company about your plan and then ask at the Guest Services Desk about how to enroll.

DAILY DROP-IN RATES

Any non-member is welcome to purchase a Daily Drop-In pass to use at The Rookery Activity Center. The drop-in pass provides access to the fitness center, basic fitness classes, open gym, open swim, and locker rooms. All non-members are required to follow all rules and policies of The Rookery.

	DAILY DROP-IN RATES		
	MONTHLY	ANNUAL	
	-	RESIDENT	NON-RESIDENT
ADULT	10 VISITS	\$80	\$100
SENIOR / YOUTH	10 VISITS	\$60	\$70
ADULT	DAILY DROP-IN	\$10	\$12
SENIOR / YOUTH	DAILY DROP-IN	\$7	\$8

PREMIUM MEMBERSHIP ADD-ON:

The Rookery Activity Center and Endurance Fitness are now offering a Premium Membership Add-On. This Premium Membership gives you access to our NEW Virtual Immersive Studio Experience, all live Group Cycle classes, and Towel Service. You must have an active membership with The Rookery to qualify.

- \$30/month for 1 individual
- \$50/month for Household
- \$20/month for Seniors (62+)



GYMNASIUM

The Rookery Activity Center offers a gymnasium with several scheduled programs, open gym time, and opportunities for rental use.

The gym space can be used as one basketball court (measuring 74’x50’) with 4 side basketball hoops, one volleyball court, or as two pickleball courts.

The Rookery gym programming offers:

- Open Pickleball for multiple skill levels
- Open Gym - basketballs are provided
- Open Badminton
- Tot Time with a bounce house and a variety of games (ages 1-8)

All activities are included with membership. Non-members may pay the daily drop-in rate to participate in scheduled activities.

THE NEST CHILD WATCH

Child Watch is available to guests and members of The Rookery for children ages 6 months – 11 years old.

- Included in Membership if child is a member.
- Non-member cost: \$3 per child per visit.
- Duration: Up to 2 hours per visit.

Parent or guardian must stay in the facility while utilizing The Nest Child Watch

BIRTHDAY PARTIES & ROOM RENTALS

Whether you are gathering for a birthday party, meeting, team party, or celebrating with family and friends, The Rookery Activity Center is the perfect place to host your next get-together. The Rookery offers two multi-purpose rooms, a gymnasium, and pool at very reasonable rates.

For more information about birthday parties, visit www.linolakes.us/birthdayparties.

For more information about sports parties, visit www.linolakes.us/sportsparties.

For more information about room rentals, visit www.linolakes.us/roomrentals.