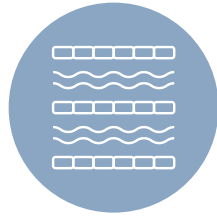


LAP SWIM SCHEDULE

AUG 26 - DEC 23



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am - 9am 6 Lanes	5am - 9am 6 Lanes	5am - 9am 6 Lanes	5am - 9am 6 Lanes	5am - 9am 6 Lanes	6am - 9am 6 Lanes	6am - 9am 6 Lanes
9am - 10am 2 Lanes	9am - 10am 2 Lanes	9am - 10am 2 Lanes	9am - 10am 3 Lanes	9am - 10:15am 3 Lanes	8am - 9am 2 Lanes	
10am - 12pm 4 Lanes	10am - 12pm 4 Lanes	10am - 12pm 4 Lanes	10am - 8pm 3 Lanes	10am - 8pm 3 Lanes	9am - 12pm 3 Lanes	9am - 12pm 3 Lanes
12pm - 6:15pm 3 Lanes	12pm - 6:15pm 3 Lanes	12pm - 6:15pm 3 Lanes			12pm - 7pm 3 Lanes	12pm - 7pm 3 Lanes
6:15pm - 8pm 3 Lanes	6:15pm - 8pm 3 Lanes	6:15pm - 7pm 3 Lanes				
		7pm - 8pm 1 Lane				
8pm - 9pm 6 Lanes	8pm - 9pm 6 Lanes	8pm - 9pm 6 Lanes	8pm - 9pm 6 Lanes	8pm - 9pm 6 Lanes		

Lane availability listed is minimum, more may be available at times

Pool & Sauna close 1 hour prior to close of building

The Rookery will be closed on Monday, September 4th for Labor Day and Thursday, November 23rd for Thanksgiving.

- Shower before entering
- Split Lane for 1-2 Swimmers
- Circle Swim 3+ Swimmers
- Lap Swim is for 18+
- Ages 12-17 must be able to swim 200+ yards continuously, and may only swim when Lifeguard is on Duty

